

# 6 DAY VAGABOND EPIC IRELAND FOOD TOUR

## Sample Itinerary

Meat & potatoes to Michelin stars. Famine to food trails. The story of Irish food is a winding road. On your adventure-filled Epic Ireland Food Tour, you'll experience every twist and turn.

Discover Ireland's fresh and local food culture. Sample our finest craft beers and spirits. Meet innovative producers and chefs. Go off the beaten path to hidden gems you won't find in the guidebooks.

⚠ Warning: This is no sleepy food tour. Taste Ireland the Vagabond way. Fun, challenging hikes and daily adventures are baked-in.

Love flexibility? Us too. We've included unmissable activities. Where there are options, the final decision is up to you. Feel free to choose your evening meals and most lunches. We'll recommend our favourite spots. All additional tour options are marked clearly below.

Our Sales and Reservation team can advise you further on any aspect of the tour. Email Gillian directly at [gillian@vagabond.ie](mailto:gillian@vagabond.ie)

## HIGHLIGHTS

- Get into Irish oysters with a fun all-you-can-shuck session
- Meet Ireland's original female brewer and taste her craft beer at an historic pub
- Hike, harvest and taste seaweed on a beautiful Atlantic beach
- Pop on your welly boots for a farm tour of West Cork's grass-fed buffalo herd.
- Unearth fairy potatoes and wild garlic pesto on a hedgerow foraging tour
- Lunch on hyper-local delights in a remote mountain monastic site
- Taste the town at the heart of Ireland's food renaissance on a urban walking food tour
- Work up an appetite with a trek to the famous Cliffs of Moher
- Become an Irish breakfast guru, with all morning meals included

## DAY 1 – DUBLIN TO CLARE

*Your Irish Food Adventure Awaits...*

Meet your VagaGuide and fellow Vagabonds at reception of the Grand Canal Hotel, Dublin at 8.10am. Board your 4x4 Vagatron tour vehicle and head west!

Pull up a stool, pour yourself a glass and get shucking... You'll be educated and amazed by this all-you-can-shuck, oyster-slurping session on the spectacular Flaggy Shore.

It's a matter of footsteps to your lunch. That's how far the seafood at Linnane's Lobster Bar has travelled too. From boat dock to kitchen is barely 100 yards. The seafood couldn't be fresher!

Next, we head inland. The Burren's lunar limestone landscape is bewitchingly beautiful. Ranks of dry stone walls merge with monumental dolmens. Alpine and arctic flora grow in unison.

Hold onto your hat! It's the world famous Cliffs of Moher next. Of course we're doing things the Vagabond way, with an awe-inspiring, coast-hugging hike.

Dining tonight is at the cliffside [Armada Hotel in Spanish Point](#). Make sure you try local delicacies such as Burren Smokehouse salmon or St Tola's goat's cheese.

Your accommodation tonight is at the family-owned [Spanish Point House](#).

The average driving time today is 4 hours.

**Questions?** Get in touch with Gillian: [gillian@vagabond.ie](mailto:gillian@vagabond.ie)

**Call Toll Free** from: USA - 833 230 0288; Canada - 833 681 6903; Australia -1800 985 642

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## DAY 2 – CLARE TO TRALEE

### *Take A Bite Of The Banner*

They take breakfast seriously at Spanish Point House. Your food will be either homemade or locally-sourced. You'll be served at your table with ocean views. It's a perennial VagaGuide favourite!

Fairy potatoes? Irish coconut? Next on your epic food tour come surprisingly delicious delights foraged from the hedgerows. Wild food guru Oonagh is your expert guide.

Lunch today is at the Little Fox. Just try not to be charmed by this diminutive bistro with big ideas.

After lunch we'll explore the foodie haven of Ennistymon before a wander down to Kilkee Cliffs.

Watch out for low-flying dolphins as we ferry across the mouth of the Shannon - the longest river in Ireland.

We'll roll into [Ballygarry House Hotel & Spa](#) just in time for dinner.

This evening, taste the Wild Atlantic Way at Ballygarry's Restaurant 58. Delicacies such as Annascaul pudding, Slaney Valley lamb, and locally-landed Bere Island hake and Castletownbere clams regularly feature on the menu.

The average driving time today is 3 hours 30 minutes.

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## DAY 3 – TRALEE TO DINGLE

### *Discovering Dingle*

After breakfast, board your VagaTron to explore the stunning Dingle peninsula.

This morning is yours to design. Surf your cares away on one of Ireland's most stunning beaches (Tour Option - €30). Or visit a working Irish sheep farm, feed lambs and watch an exciting sheepdog demonstration.

Rolling into Dingle, you'll be free to explore this bustling little town and grab lunch. Guests love Dingle's mix of high quality pub grub and high end dining.

Get ready! After lunch, we'll experience one of the most beautiful drives in Ireland. Sleah Head features rugged headlands, white sand beaches, patchwork fields and knife-edge drops to the ocean below. Next stop west? North America!

Meet Ireland's original female brewer at West Kerry Brewery. Adrienne Heslin mixes water from St Brendan's well with natural yeast and botanicals to create her unique craft beer. Unfiltered. Unpasteurised. The end product awaits next door at the family's 100-year-old pub.

Dining tonight is in the lively, foodie town of Dingle. We've done the tough work of choosing your supper; feel free to explore or select from our shortlist.

Your accommodation tonight is at the [Dingle Skellig Hotel](#).

The average driving time today is 3 hours 30 minutes.

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## DAY 4 – DINGLE TO KENMARE

*Fresh Air. Stunning Views.*

Giddy up! Traverse the sands of Ventry Beach on horseback this morning (Tour Option - €45)

Queen Victoria, no less, vacationed on the Ring of Kerry back in the 1860s. We like to think she would have enjoyed offroading with us; we'll put your VagaTron 4x4 tour vehicle through its paces at a secret, scenic location.

Your VagaGuide will select a lunch spot along your route today.

Following the Ring of Kerry counter-clockwise, this afternoon brings a seaside hike with a difference. Clamber over rocks with your expert guide, John. Your quarry? Sea spaghetti. Dillisk. Wrack. Carrigeen. You're going seaweed foraging!

Feeling hot, hot, hot? Take a dip! Derrynane beach boasts white sand and crystal clear waters.

Completing the Ring of Kerry route, we'll pop up to Moll's Gap for spectacular views over some of Ireland's highest mountains.

Home tonight is the snug [Lansdowne Arms Hotel](#), nestled at the heart of Kenmare. We'll provide you with a list of the best places to eat in this bustling Kerry town.

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## DAY 5 – KENMARE TO KINSALE

### *A Place Apart*

This morning we'll explore a mountain pass on the rugged and undiscovered Beara peninsula.

Lunch is in the serene mountain valley of Gougane Barra. Greeted by host Neil and chef Katy in Irish, you'll experience a hyper-local meal. Regulars on the menu that are sourced from within a 40 mile radius include:

- Cheese from Durrus;
- Smoked and cured meats from Gubbeen;
- Black pudding from Clonakilty;
- Craft beer from Ballyvourney;
- Mozzarella from Macroom;
- Fresh seafood from Unionhall.

Pop on your welly boots for a farm tour of West Cork's grass-fed buffalo herd. Yes, you read that right! Dorothy is your farm guide as you meet cute calves and savour tasting plates of mozzarella, ricotta and halloumi.

We're sticking to the backroads this afternoon. Passing patchwork fields, you'll arrive in the picture perfect town of Kinsale in time for dinner. Enjoy a local menu of vibrant restaurants, atmospheric pubs and abundant craft shops in the unofficial gourmet capital of Ireland.

Your accommodation is at either [Actons Hotel](#) or [Kinsale Hotel & Spa](#)

Where to dine? You're spoilt for choice in Kinsale. We've done the hard work for you by thoroughly taste testing the best restaurants in town!

The average driving time today is 3 hours.

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## DAY 6 – KINSALE TO DUBLIN

*One for the road...*

Soak up local flavour on a walking food tour of Kinsale. Suzanne is your guide as you stop at various eateries, meet local characters and - most importantly - taste the best this amazing little town has to offer.

En route to Dublin, we'll stop for a self-guided tour of monumental Cahir castle. Gaze up in awe at the imposing walls, keep and tower of one of Ireland's largest medieval fortresses. It's a fitting way to end our Irish odyssey.

Heading north, you'll disembark your VagaTron back at the Grand Canal Hotel in Dublin between 5-6pm.

Farewell hugs all round for your new foodie friends.

The average driving time today is 4 hours.

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## TOUR PRICE: EURO €1,899 (PER PERSON SHARING)

Single supplement: EURO €270

### What's Included?

- ✓ Guided Oyster Shucking Experience
- ✓ Guided Brewery Tour and Craft Beer Tasting
- ✓ Guided Hedgerow Foraging Tour
- ✓ Guided Buffalo Farm Tour
- ✓ Guided Walking Food Tour
- ✓ Guided Seaweed Experience
- ✓ Sheep Farm Visit with Sheepdog Demo
  
- ✓ Cultural adventure in a Mercedes VagaTron 4x4 tour vehicle
  
- ✓ Services of a highly-trained VagaGuide tour guide
  
- ✓ 6 full days on tour
  
- ✓ 5 nights' accommodation
  
- ✓ 5 delicious and filling hot Irish breakfasts (see lunch and dinner Tour Options below)
  
- ✓ Most daily activities and visits (see Tour Options below for extras)
  
- ✓ Shannon ferry tickets
  
- ✓ All relevant taxes
  
- ✓ Guaranteed tour departure and price from the moment you make your deposit

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## TOUR OPTIONS

All of our tours are flexible, and your Epic Ireland Food Tour is no different. We've included unmissable activities in the price. Where there are great options, we've left the final decision up to you.

Feel free to choose your evening meals and some lunches - we'll recommend the very best insider spots in foodie towns such as Dingle, Kenmare and Kinsale - you can't go wrong!

All additional tour options are marked clearly below. Your guide will discuss options with you throughout your tour and plan accordingly.

Details	Cost pp
Kayaking Trip	€50
Surf Lesson	€30
Horse-riding	€45
Cahir Castle Visit	€5

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